

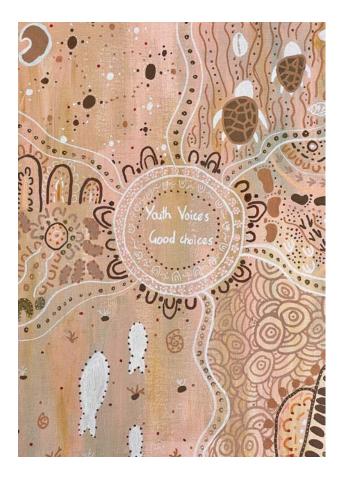


Queensland Family & Child Commission



Queensland Family & Child Commission



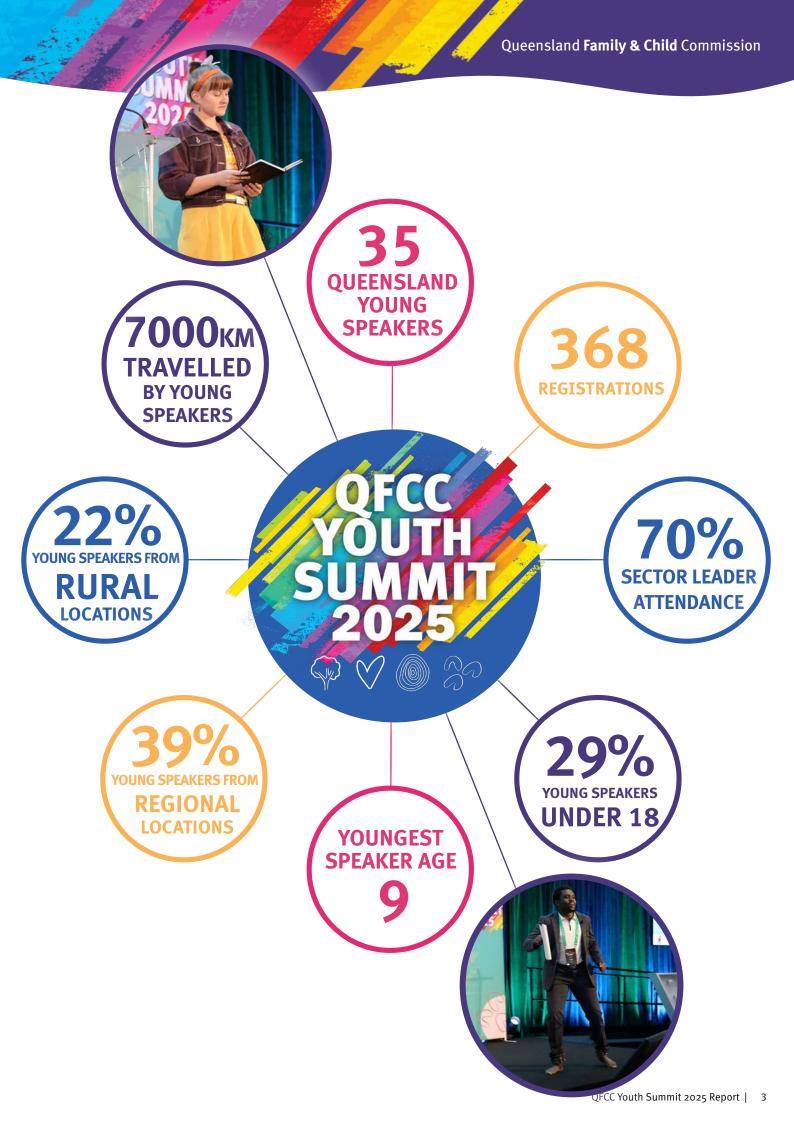


Acknowledgements

We recognise Aboriginal and Torres Strait Islander people as two unique peoples, with their own rich and distinct cultures, strengths and knowledge. We celebrate the diversity of Aboriginal and Torres Strait Islander cultures across Queensland and pay our respects to their Elders past, present and emerging.

The QFCC recognises the rich and resilient cultures that continue to sustain and strengthen Aboriginal and Torres Strait Islander peoples. We respect the right to selfdetermination and the critical importance of continuing connection to kin, Country and culture in the lives of Aboriginal and Torres Strait Islander peoples.

We recognise that self-determination, healing, dignity and respect are all fundamental elements needed to improve outcomes and relationships. As an agency, we are committed to embedding culturally safe and responsive design practices and delivery in our work.



Message from the Commissioners

The QFCC Youth Summit 2025 was more than an event, it was a powerful moment of truth, courage and connection. It was also a resounding success, with 300 sector leaders, practitioners, advocates and young people coming together to commit to a shared goal: listening to and learning from young Queensland people to shape a better future.

The summit was sold out. Thirty-five extraordinary young people travelled from 31 different communities across the state, some from as far as Mabuiag Island, Bamaga, Rockhampton, Emerald, Gympie and Warwick, covering nearly 7,000 kilometres in total. The longest single journey spanned 2,660 kilometres. Their commitment to show up and speak out is a profound reminder of why elevating youth voice matters. It takes effort. It takes courage. And it takes adults who are not only willing to listen, but to also act.

Throughout the day, these young leaders took the stage to speak directly to decision-makers about the changes they want to see in the systems, services and policies that have, and still do, impact their lives. They did not just deliver speeches, they delivered impact. They challenged assumptions, brought lived experience to the forefront, and connected deeply with those in the room. Their insights were not only heard, they shifted thinking and inspired action.

One young speaker, Oliver, captured the spirit of the summit when he said: "People aren't their past. They are their future, and what they want it to be." That single sentence is a call to all of us. As adults, as practitioners, as people in positions of influence, we must do more than listen. We must reflect. We must act. And we must ensure that listening to the voices of young people is not a one-off moment, but a permanent fixture in how we design and improve the systems meant to support them.

To every young and reflection speaker, and to all those who invested their time, hearts and energy into the summit—thank you. Your voices lead the way.

We are pleased to present the powerful speeches and insights from the summit in this report. We encourage you to listen deeply, because the future belongs to those brave enough to share their stories, and to those wise enough to act on them. People aren't their past. They are their future, and what they want it to be.

- Oliver, young summit speaker



From story to system

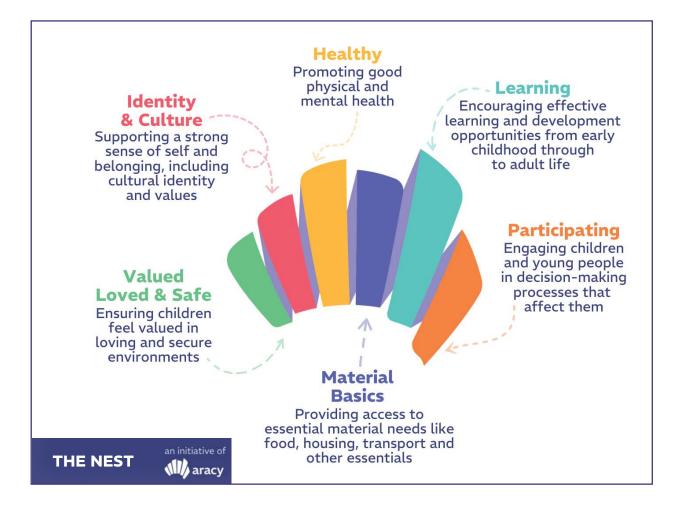
The QFCC Youth Summit series was established as a powerful platform to amplify the voices of young people across the state.

Its purpose is to provide Queensland's children and young people a meaningful opportunity to share their views and ideas, based on their lived experiences, directly with leaders and decision-makers across the sector. By placing lived experience at the centre, the summit aims to drive positive change in the systems and services that impact the safety and wellbeing of young Queensland people and their families.

The summit was designed to be more than a listening space. It was designed to impact and influence, where the perspectives of young people inform real decisions. It connects leaders from government and non-government with the lived experiences of young people, enabling more informed and compassionate decision-making. This dialogue supports a strengthen bridge between lived experience and systemic reform.

Importantly, the summit also serves as a development ground for youth leadership and advocacy. It offers youth advocates the opportunity to enhance and amplify their personal advocacy agendas, build peer networks, and connect with others passionate about systems change.

The event was grounded in the Australian Research Alliance for Children and Youth (ARACY) Nest Wellbeing Framework, ensuring a holistic focus on what children and young people need to thrive. Speaker sessions and workshops were framed around the six wellbeing domains, acknowledging the interconnected nature of child, family and community wellbeing, whilst reinforcing that every voice matters in building a better future.



Partners in Change

The summit brought together a diverse and dynamic group of over 300 attendees, including sector professionals, young advocates and community members from across Queensland. 70% were sector leaders representing government departments and non-government organisations including health, education, justice, youth services, housing, and child protection. Their role was to listen deeply, reflect meaningfully, and take insights back to their organisations to embed the lived experiences, perspectives and ideas of young people into policy, practice, and systemic reform. The Hon. Sam O'Connor MP, Minister for Housing and Minister for Youth, officially opened the summit, reinforcing the government's commitment to youth engagement. The Hon. Amanda Camm MP, Minister for Families, Seniors, Disability Services and Child Safety and Minister for Child Safety and the Prevention of Domestic and Family Violence, provided a written statement of support, which was shared with attendees by the event's emcee. These contributions demonstrated cross-portfolio recognition of the importance of listening to and learning from Queensland's young people.



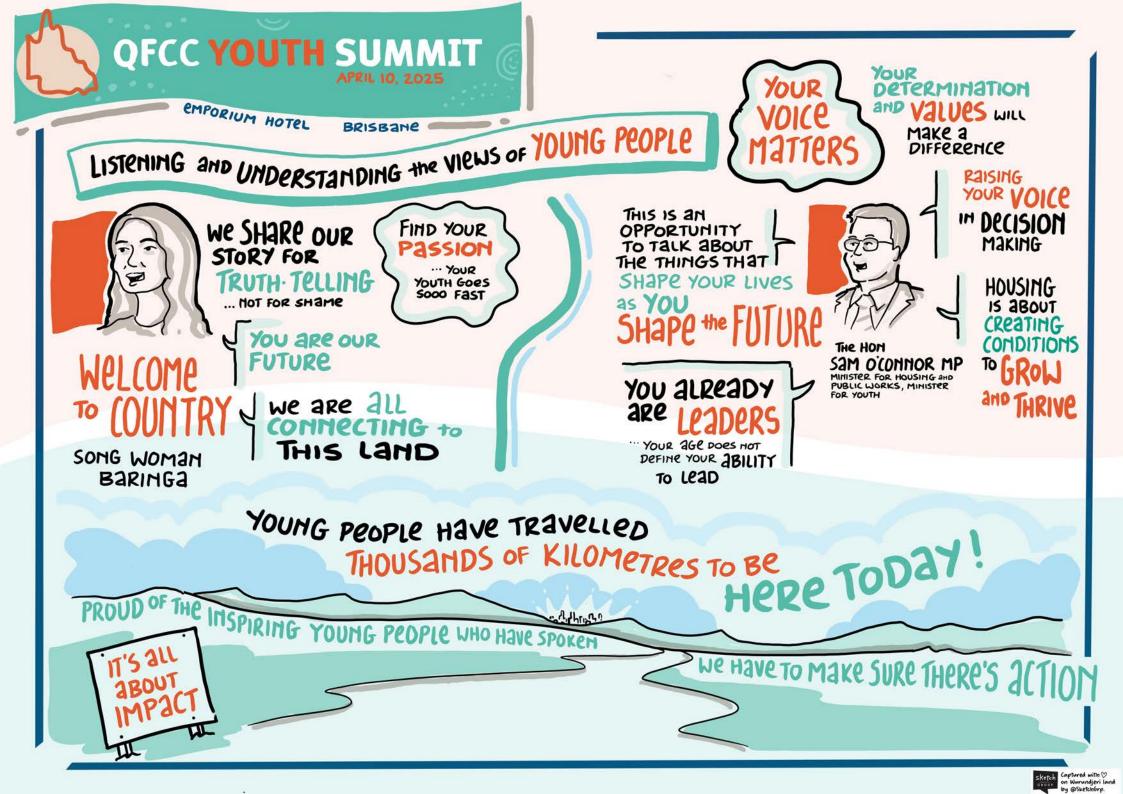
I keep reflecting on the insights, passions and stories shared and I am grateful to each of the young people for their work and calls to action... If these 35 young people are representative of the future of Queensland, we are in good hands.

- Kate Bjur Executive Director, Research and Advocacy, Peakcare

What an amazing day. I am in awe of these young people.

> - Divna Haslam A/Professor and Clinical Psychologist





Ruby, 17, Gold Coast



The Butterfly Effect: Creating movement for positive change

Ruby is the founder of Kids of Purple, a non-profit dedicated to supporting young people affected by domestic and family violence. Passionate about social justice, Ruby is currently studying law with the goal of advocating for vulnerable communities. Through Kids of Purple, Ruby works to provide resources, raise awareness, and empower youth to break free from the cycle of abuse. She is committed to creating a future where every young person feels safe and heard.

Jess, 18, Wavell Heights



Community engagement beyond tokenism

Jess is an award-winning youth advocate, policy consultant, and community leader based in Brisbane. She has contributed to child protection, youth empowerment, and public policy, including serving as the 29th Youth Member for Nudgee. Jess advises NAPCAN, Orygen, and Raise Foundation, is Queensland State Secretary at UN Youth Australia, and 'Young Woman to Watch in International Affairs'.



Making it easier for young people to be happy and healthy

Leo has been a member of the Ipswich Youth Reference Group at Headspace since 2023. Leo has helped run monthly Rainbow Chaos meetups, stalls to help promote mental health and awareness, and supported people to live a healthier and happier life.



Building pathways for a generation already dreaming big

Mo is an entrepreneur and former Afghan refugee. Studying entrepreneurship at QUT, he builds businesses that create social impact. Mo co-founded SINA to support Afghan startups and hosts The Cutcast podcast, spotlighting diverse entrepreneurs. Through his ventures, Mo empowers migrant communities, breaks barriers, and promotes entrepreneurship as a pathway to independence, inclusion, and lasting change. He's even cut the mayor of Logan and QFCC Principal Commissioner Luke Twyford's hair in his barbering business.



D'arcy, 20 Maroochydore | Geo, Maroochydore 21, | Jarrod, 22, Gympie



Camp Connect - supporting growth, connection and awareness

This trio is part of the youth engagement committee at headspace Gympie and Maroochydore. They are all passionate about the mental health of young people in and around their communities. They presented on the 'Youth Camp Connect' initiative, which targets an aspect of wellbeing that they are all passionate about: opportunities for young people to make and build meaningful connections.



Reflection Speaker:

Commissioner Natalie Lewis

Office of the Aboriginal and Torres Strait Islander Commissioner, Queensland Family and Child Commission



HEALTH

Liam, 22, Mount Cotton

I was never captivated towards anything at school and towards the later years I started using substances

Importance of Lived Experience work

I 108/45

Liam is passionate about mental health and social justice. After experiencing my own mental health challenges during and after high school, he studied mental health and now works as a peer worker supporting young people. He recently started a Bachelor of Social Work at QUT, aiming to create positive change in the community by addressing systemic and social issues through lived experience.

Rachel and Shantelle, 22 & 25, Kippa-Ring & Kallangur



Breaking cycles, building futures: The power of supporting young parents

Rachel is the proud mother of three children and Shantelle the proud mother of two children. They are both share their experiences and the impact of their experiences on their parenting journeys.



Building for better health: the vital role of water infrastructure

Elma is the mother of two children, living and working on her traditional country. At the summit, Elma spoke about the vital role of water infrastructure to improve the health of the community.



Jordyn, 14, Eagleby

Redefining healthy: Social media influence on self-image

The QFCC Youth Summit was Jordyn's third time speaking at a summit on behalf of her community. Jordyn loves sports and hanging out on the weekends with friends. At the summit, Jordyn spoke about social media influence on self-image.



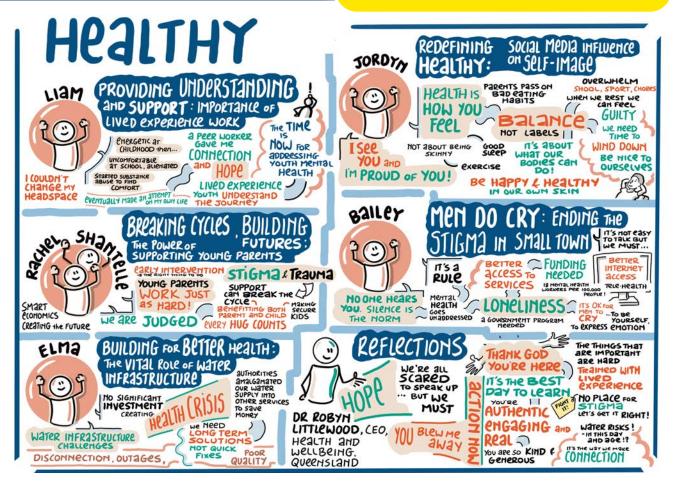


Men do cry: Ending the stigma in small towns

Bailey is a naturally empathetic person, and loves being part of groups and communities where people support and learn from each other. Bailey is currently part of the Beautiful Minds program — a lived experience group for young adults — where they share our stories to help create understanding and drive positive change.



HEALTH



Reflection Speaker:

Dr Robyn Littlewood Chief Executive Officer Health and Wellbeing Queensland





Understanding siblings who go on to become sibling carers

Caroline is a professional with living experience of the child protection system. Caroline spoke at the summit last year which resulted in the establishment of the Sibling Carer initiative.



Super Safe Stars: Empowering children to stay safe, speak up and shine bright

Ash is a year 12 student and passionate youth advocate. Ash volunteers with Rosies, Vinnies, and Toowoomba Regional Council, and represented Toowoomba South in the 30th Queensland Youth Parliament. With lived experience and a background in early childhood education, she is committed to child safety reform. Her initiative, Super Safe Stars, empowers children experiencing abuse to take the first step toward seeking help.



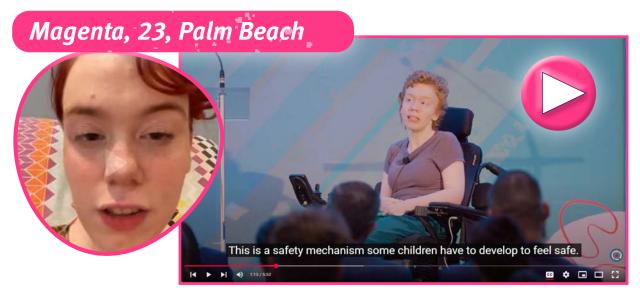
What I've learnt and would like to see as a young carer for someone with a disability

Claudia is proudly Indonesian-Australia and a young-carer for her little sister. She proudly advocates for disability rights, accessibility and addressing domestic violence. She loves debating, civic opportunities and participating in academic activities at school. Claudia brings awareness to the urgent need of greater support for young carers.



Valued, loved and safe: A call for change in child protection

Caleb has lived experience of the care system since the age of nine. Over past years, Caleb has realised many things about his life, including both the positives and negatives this experience. At the summit, Caleb spoke about how the system should be changed for the better.



Losing yourself in the system in the world of disability

Magenta has lived with cerebral palsy since she was born. She has been in the foster care system throughout her childhood and this has shaped her into being the person she is today. She tries to amplify the voices of young people in the disabled community and those with lived experience of the foster care system.





Reflection Speaker:

Bob Gee Director-General Department of Youth Justice and Victim Support



Emmarose, 22, Maroochydor Caring for my twin comes first.

Unofficial caretaking in the family home

Emmarose works in hospitality and is also a carer, assisting her twin brother with his daily tasks. She recently moved out of home for the first time with her brother and a close friend. Paired with her own mental health struggles, there are new challenges that each day brings.



Mental health: Another 100 days of fear and stress

Nel is currently studying a Diploma in Business and a Certificate in Business Bookkeeping, while also having studied a Certificate IV in Youthwork. Nel grew up in the foster, kinship, and residential care, aging out in 2023. With practical knowledge of the foster care system and my experience, Nel wants to create a better process within the child protection system for both young people and frontline workers.



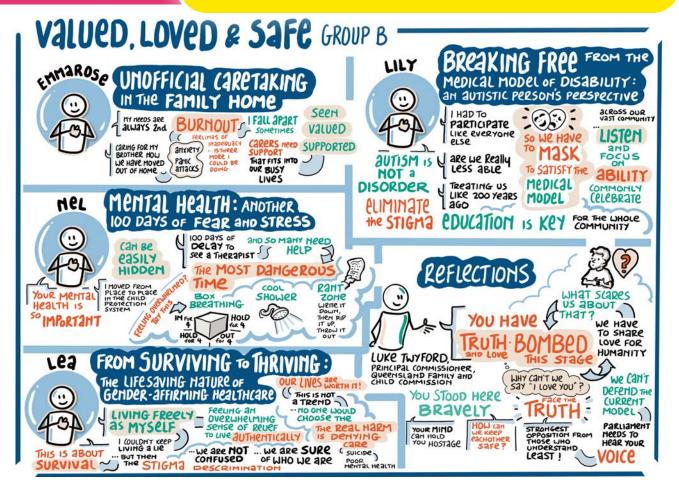
From Surviving to Thriving: The Lifesaving Nature of Gender-Affirming Healthcare

Lea has been a QFCC Youth Advocate since 2022. As a queer trans woman with Autism and ADHD, Lea is passionate about inclusion and equity. Lea helped advocate for the 2023 Births, Deaths and Marriages Act reform and contributed to Orygen's and the Australian Human Rights Commission's youth advisory groups.



Breaking free from the medical model of disability: An autistic person's perspective

Lily is passionate about building a more inclusive world for neurodivergent young people. Lily's advocacy focuses on awareness, self-advocacy, and better support systems. Lily speaks about the barriers autistic individuals face and why acceptance, understanding, and meaningful accommodations are essential.



Reflection Speaker:

Luke Twyford Principal Commissioner Queensland Family and Child Commissioner



LEARNING



Digital literacy and safety for young children in Queensland schools

Teanna has a great passion for digital literacy and online safety. A curious and enthusiastic learner, she enjoys using technology to enhance her education while exploring how to stay safe online. Teanna is committed to helping young children become confident digital citizens.



When school isn't the answer: Finding a new way forward

Stella is a creative and has a passion for entrepreneurship and leadership. Recognised as one of Warwick's Most Influential Under 30, Stella founded a neighborhood plastic recycling initiative, which led to her being invited to the National Plastics Summit in 2019. A finalist in the National Tax, Super and You competition, she is academically accomplished, with awards like the Academic Achievement and Principal's Gold.

LEARNING

Olivia, 20, Salisbury



Engaged in education

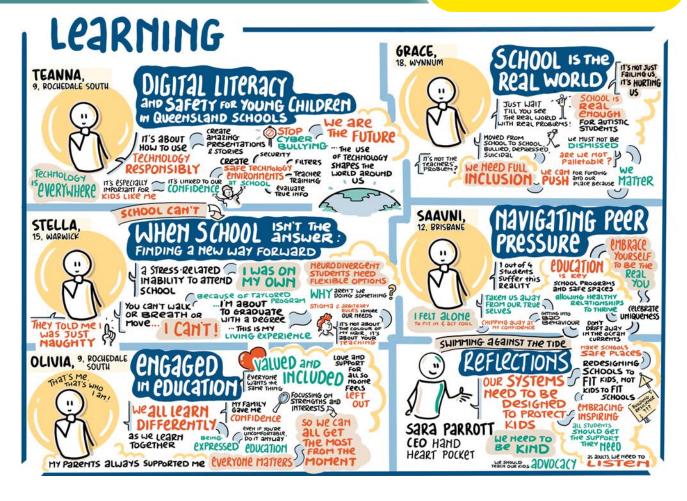
Olivia is an aspiring Early Childhood Educator passionate about inclusive education and disability advocacy. With experience in playgroup facilitation, youth leadership, and public speaking, she has appeared on Channel 7 as a Play Matters facilitator. Olivia has spoken at the World Down Syndrome Congress and Logan City Council, using her lived experience to champion accessibility, inclusion, and equality.



Navigating peer pressure

Saanvi loves learning and making a difference. An important issue that is affecting the lives of young people, including Saanvi, is peer pressure. Saanvi says that this has affected her life significantly and will continue impacting the coming generations of people if no action is taken. She is truly driven to make a difference for young people to believe in themselves and be proud of who they really are.

LEARNING



Reflection Speaker:

Sara Parrott Chief Executive Officer Hand Heart Pocket





Disconnected roots - Why we need our Elders

Estre is a passionate and skilled professional with extensive experience in cultural presentations, customer service, hospitality, and youth mentoring. Adept at crafting cultural artifacts with precision and artistic detail Estre is deeply passionate about working with children, event management and exploring cultural learning opportunities.

Masoumeh, 22, Saint Lucia

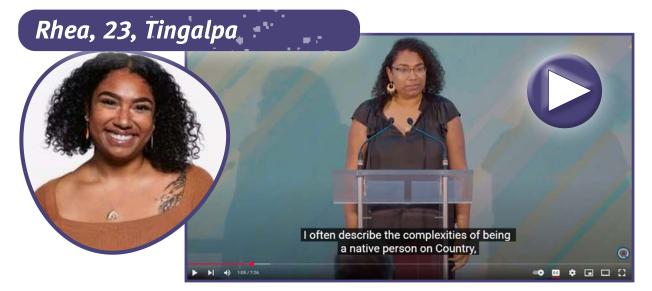
Roots of resilience: A celebration of identity and culture

Masoumeh is a passionate youth advocate and final-year Bachelor of Health Sciences (Public Health) student at the University of Queensland. As a former refugee, she brings powerful lived experience to her work in youth advocacy, cultural identity, and inclusive systems. She is committed to creating space for young people from all backgrounds to feel seen, heard and empowered to lead meaningful change in their communities.



They told me I wasn't - but I am

Kynesha is a proud aboriginal woman who loves influencing positive change. She inspired Commissioner Twyford with her artistic skills and her fierce advocacy for children in care. At the summit, Kynesha spoke about the critical roles that identity and culture play in the care system.



Climate crisis: A perspective from the Torres Strait Islands

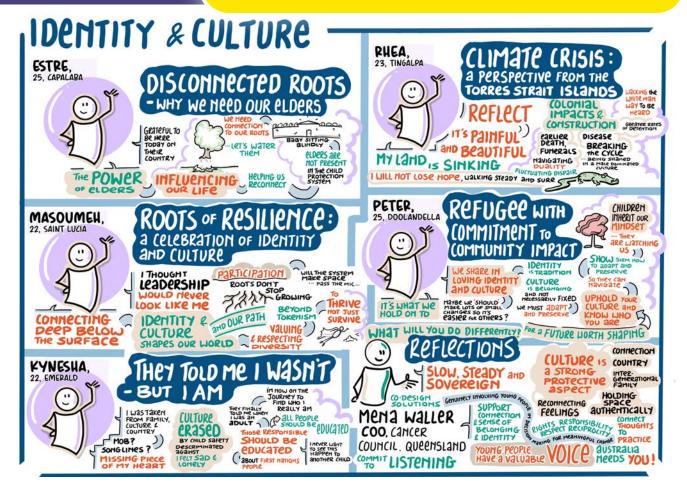
Rhea is a proud Punjabi Indian and Zendth Kes woman from the Ait Koedal Clan of Saibai Island, with the saltwater crocodile as her totem. Rhea works as a housing case manager and holds degrees in social work and human services. Her goal is to become an Indigenous sociologist, decolonising policy by embedding First Nations knowledge into systems to drive structural reform and challenge dominant Western frameworks.



Refugee with commitment to community impact

Peter is a former refugee with a passion for poetry, arts, psychology, service to humanity and cultural preservation through storytelling and public initiatives. Through his journey as an immigrant, Peter has gained valuable lessons that have taught him the importance of forgiveness, harmony and pulling together to overcome adversity, lessons that have shaped him into the force he is today.





Reflection Speaker:

Mena Waller Chief Operating Officer Cancer Council Queensland



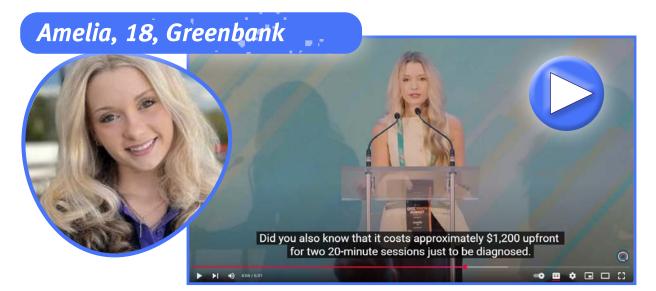
MATERIAL BASICS

Jahmaica, 22, Mabuiag Island



Our Islands, Our Home: protecting home and culture from the impacts of climate change

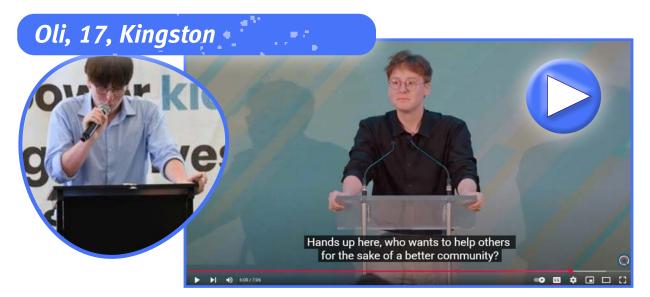
Jahmaica is a young mother from the Panai tribe. Although new to the climate space, Jahmaica is a passionate advocate for improving the future of her home and community.



The cost of mental health support for childhood trauma survivors

Amelia is a child safety advocate, survivor, and Youth Ambassador for Bravehearts. She sits on the Bravehearts Youth Advisory Council and the 2025 Australian Child Rights Taskforce. Named Logan's Young Australian of the Year in 2023, Amelia has spoken nationally on child protection and mental health. She's studying Law and Political Science at Griffith University and is passionate about advancing the rights, safety, and wellbeing of young people across Australia.

MATERIAL BASICS



More than my past - A voice for the unheard

Oli wants to change the world and leave it better than when he found it. After recovering from addiction with the support of specialised services, Oli has worked hard to get his life back on track, attaining a traineeship and supporting others in need of connection, friendship, to regain confidence and feel accepted by, and part of, the community.



MATERIAL BASICS

Material Basics OLI. 10Re than my Past OUR ISLANDS, OUR HOME: JAHMAICA. 17. KINGSTON 22, MABUIAG ISLAND a VOICE FOR THE UNHEARD PROTECTING HOME AND CULTURE FROM THE 11 YOUR VOICE THE GOVERNMENT we NEED I Was THROUGH ADDICTED HYSELF THEY ARE ABOUT RESILIENCE & CULTURAL POPSERVATION Sea Walls RISLANDS AGAINST COMMUNITY FOR FUTURE COMMUNITY FOR FUTURE COMMUNITY FOR FUTURE COMMUNITY FOR FUTURE COMMUNITY TO BE I was seen as ABOUT PHDING IT CLIMATE CHANGE HO LONGER HUMAN MY TRAINER Beautiful Liarees, Land UNDER THREAT UNDER THREAT WE ALL WANT TO CREATE MEANINGFUL IMPACTFUL CHANGE ··· SO WHY IS 1 LISTENED TO ??? "COMMUNITY ? OUR VOICE HOT WHERE ? WE DEMAND IMMEDIATE ACTION WE DESERVE & FUTURE THE SEAS ARE RISING BUT SO ARE AMELIA Mental Healthin Reflections (=) 18, GREENBANK CHILDHOOD TRAUME YOU SHOW SO MUCH SURVIVORS BRAVERY & WE HAVE THE SOLUTIONS AUTHENTICITY auma I Was a VICTIM OF abuse A IT SEEMED ÷ MANIFESTS LET'S ACTUALLY TALK TO PEOPLE Ben Gales Ways ATERST WHO HEED THE CHANGE AT LEAST OFFICE OF **I THOUGHT** WE HEED ACCESSIBLE, THEN CAME SOCIAL ITS POMERFUL IT Was all THE PHOBIAS empowerment ſ *affordable* a system that Behind TREATMENT ((IS THE H STEP Me WORKS FOR 1 IM FIGHTING THEN I Was (PEOPLE FOR YOUNG PEOPLE TO ATTRIBUTED TO DIAGHOSED YOU HEED TO ADDRESSING WITH SEVERE (HILDHOOD CHANGE THE SYSTEM YOU WILL CHANGE Heeds ADHD TRAUMA Reach Their Ó OWH AND OWN THE POTENTIAL SYSTEM THE WORLD. 7

Reflection Speaker:

Ben Gales Executive Advisor, Office of Social Impact Queensland Treasury





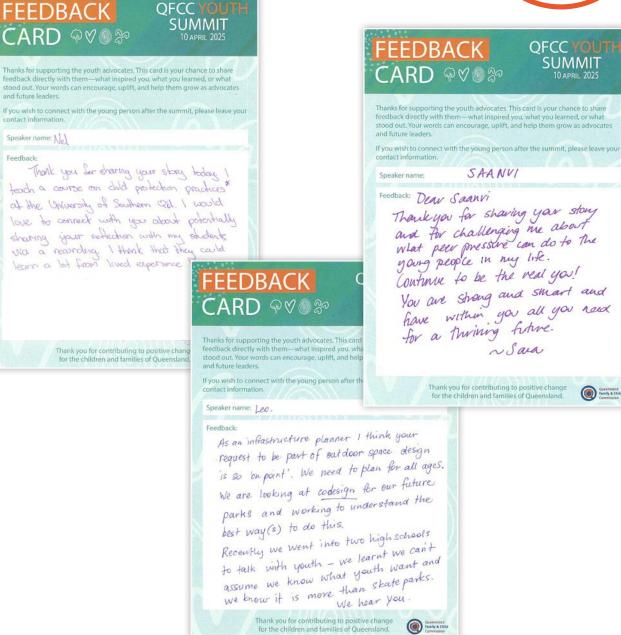
Feedback loops

A critical engagement tool.

The feedback cards were designed to enable attendees to directly respond to the powerful presentations delivered by young speakers. These cards created a meaningful two-way exchange, allowing adult allies to reflect on what they heard, acknowledge the courage and insight shared, and commit to action. By writing personalised messages, leaders demonstrated that young people's voices were not only heard but deeply valued.

The cards captured genuine moments of connection and accountability and now serve as a lasting record of commitment, reinforcing that the perspectives shared at the summit will influence real change. Each young speaker was provided a copy of the cards written for them.





Queensland Family & Chile Commission

Queensland Family & Chile Commission

Next steps

Embedding youth voice for systemic change.

Following the 2025 summit, our focus now turns to embedding the voices of young Queensland people into the decisions, policies and services that shape their lives. The powerful speeches delivered by youth advocates have been publicly released and will continue to be shared widely throughout the year, ensuring their ideas and insights reach a broader audience, including key policymakers, sector leaders and community influencers. This collection of voices will serve as a vital resource for organisations committed to youthinformed, evidence-based decision-making.

We remain committed to empowering children, young people and families to influence the systems that affect them. This includes:

- amplifying the lived experiences of Queensland children and families, particularly those experiencing inequity, marginalisation or vulnerability, and creating real opportunities to influence change
- supporting others to build their capability to meaningfully engage with children and young people
- using communication methods that reflect the preferences of young people and their families
- celebrating and promoting the voices, achievements and contributions of young Queensland people.

In the months ahead, we will publish an Impact Report capturing the key themes, recommendations, commitments and outcomes from the summit. This report will outline strategies for integrating youth voices into current and future reforms and promote accountability across sectors.

This report and the advocacy speech videos will be shared with government, ministers, non-government organisations and community stakeholders ensuring youth perspectives continue to inform, challenge and inspire systemic improvement.

The courage it takes to share stories like these shouldn't be underestimated. In a system full of noise, listening to people with lived experience needs to be prioritised.

- Leadership specialist

