WORST THINGS ABOUT LOCKDOWNS

33% Not seeing friends or family

"The worst thing for me was not being able to see friends but more importantly see family."  
Aboriginal, Torres Strait Islander and/or South Sea Islander, Female, 16 years, Central Queensland*

27% Remote learning

"I found doing schooling from home really difficult during lockdowns, as there was less structure and routine and it made it harder to learn."  
Female, 17 years, Metropolitan

13% Recreational impact

"The worst part of lockdowns for me was the inability to do the basic things I love to do like going to the beach, or going for a hike up in the mountains."  
Male, 16 years, Metropolitan

BEST THINGS ABOUT LOCKDOWNS

45% I appreciate my freedom more

"Sleeping in more, staying late, going to the bathroom whenever and eating whenever!"  
Gender not provided, 17 years, Metropolitan

40% I enjoyed schooling from home

"More ability to be myself and to focus on school work, leading to better grades and ultimately a better me."  
Male, 15 years, South East

28% I appreciate school more

"I learnt the value of face-to-face interactions ... I also have a new appreciation for my teachers and different technology."  
Female, 16 years, Metropolitan

27% I became closer to my family

"I got to go on drives to help Dad with work."  
Female, 17 years, Darling Downs South West

13% Tailor communication to young people

"Make a cartoon or show about COVID and put it on the kids channels so they can see what’s happening and understand."  
Female, 18 years, Darling Downs South West

12% Be reassuring

"I would have reassured teenagers and suggested ways to deal with the negative outcomes."  
Female, 16 years, Central Queensland

11% Provide clear information

"Providing more information to young people. It gives us a sense of security. With this information we might cope better and not constantly feel overwhelmed and unsure."  
Aboriginal, Torres Strait Islander and/or South Sea Islander, Male, 17 years, North Queensland*

"The vaccine information was confusing for me. It was hard to understand why I didn’t have to get it then all of a sudden I did."  
Non-binary, 13 years, Metropolitan

* The Queensland Family and Child Commission recognises Aboriginal people, Torres Strait Islander people and South Sea Islander people as three unique peoples, with their own rich and distinct cultures, strengths and knowledge.